

# Dementia Support Groups in Leicester & Leicestershire



If you have dementia or are caring for someone with dementia, come along to your local Support Group. Meet with other carers, have a cuppa, receive information, support and guidance. Activity sessions for people living with dementia are held separately. Our Support Groups meet in the following locations:

## COUNTY

### Forget Me Not Memory Café - Countesthorpe Village Hall

Station Road, Countesthorpe. LE8 5TB  
3<sup>rd</sup> Monday of each month 2pm – 3.30pm

### Memory Box Memory Café – Cotesbach Village Hall

Main Street, Cotesbach, Lutterworth. LE17 4HZ  
3<sup>rd</sup> Friday of each month 10.30am – Midday

### Carers Support Group & Activity Group - Market Harborough Methodist Church

Northampton Road, Market Harborough. LE16 9HE  
1<sup>st</sup> Friday of each month 10am – 11.30am

### Charnwood Memory Café - John Storer House

Wards End, Loughborough. LE11 4HA  
2<sup>nd</sup> Thursday of each month 10.30am – Midday

### Poppies Memory Café - Syston Community Centre

School Street, Syston. LE7 1HN  
1<sup>st</sup> Monday of each month 10.30am – Midday

### Memory Café - Marlene Reid Centre

Belvoir Road, Coalville. LE67 3PH  
1<sup>st</sup> Friday of each month 2pm – 3.30pm

### Wigston Memory Café - Salvation Army

Ladysmith Road, South Wigston. LE18 4UZ  
1<sup>st</sup> Wednesday of each month 11am – 12.30pm

### Bluebells Memory Café - Groby Village Hall

Leicester Road, Groby. LE6 0DJ  
2<sup>nd</sup> Thursday of each month 2pm – 3.30pm



Alzheimer's Society operates in England, Wales and Northern Ireland.  
Registered charity number 296645.

# Dementia Support Groups in Leicester & Leicestershire



## [Carers Support Group & Activity Group - Pathways Centre](#)

Hinckley Baptist Church, Baptist Walk, Hinckley. LE10 1PR  
2<sup>nd</sup> Wednesday of each month 2pm – 3.30pm

## [Melton Memory Café - Melton Carnegie Museum](#)

Thorpe End, Melton Mowbray. LE13 1RB  
1st Friday of each month 10.30am – Midday

## [Early Onset Carers Support Group](#)

For carers of people under 65 years with mild to moderate symptoms  
4<sup>th</sup> Tuesday of each month 6.30pm – 8pm  
Advance referral only. Please ring 0116 2316921 for more information

## [Early Onset Activity Group](#)

For people under 65 years with mild to moderate symptoms  
4<sup>th</sup> Tuesday of each month 6.30pm – 8pm  
Advance referral only. Please ring 0116 2316921 for more information

## [CITY](#)

### [Rolleston Memory Café](#)

Eyres Monsell Community Centre  
Hillsborough Road, Leicester LE2 9PQ  
4<sup>th</sup> Friday of the month, 1.30–3pm

### [Willowbrook Memory Cafe](#)

Thurnby Lodge Community Centre  
Thurncourt Road, Leicester LE5 2NG  
2<sup>nd</sup> Tuesday of the month 1.30–3pm

### [The Brite Centre Activity Group](#)

Braunstone Ave, Leicester LE3 1LE  
4<sup>th</sup> Tuesday of the month 1.30–3pm

### [The Tudor Centre Memory Café](#)

Bewcastle Grove, Leicester. LE4 2JU  
3<sup>rd</sup> Friday of the month 1.30-3pm

### [Holbrook Memory Café](#)

St Guthlac's Church, Holbrook Road, Knighton, Leicester, LE2 3LF  
Every 2<sup>nd</sup> Friday in the month 1.30pm – 3pm



Alzheimer's Society operates in England, Wales and Northern Ireland.  
Registered charity number 296645.

